

Into Thine Hand I Commit My Spirit Psalm 31:5

1 ¶ <<To the chief Musician, A Psalm of David.>> In thee, O LORD, do I put my trust; let me never be ashamed: deliver me in thy righteousness.

"**In thee, O LORD, do I put my trust;**" We have a clear picture here of David's full confidence in the power of God to deliver and protect him in his life; especially, in times of great distress and persecution. Do we have this full confidence of God? Is it manifested in our lives, in such a way, that others may see, and glorify, our heavenly Father?

"**let me never be ashamed:**" David's prayer is God, impress my need of you upon my mind, and heart, is so great a way; that I never do anything, which would bring me into thy disfavor, nor cause me to be embarrassed before mine accusers and enemies. David asks that he might never be ashamed because he forgot his God.

Do we have such a great desire in our own lives? We should have this prayer in our lives always, as well as a desire to do that which is pleasing in the sight of God. We have such wording in the New Testament, seen in: **1Jo 3:18-24; 18 "My little children, let us not love in word, neither in tongue; but in deed and in truth. 19 And hereby we know that we are of the truth, and shall assure our hearts before him.** (If we have the love of God manifested in our lives; we will have this blessed assurance in our lives) **20 ¶ For if our heart condemn us, God is greater than our heart, and knoweth all things. 21 Beloved, if our heart condemn us not, then have we confidence toward God. 22 And whatsoever we ask, we receive of him, because we keep his commandments, and do those things that are pleasing in his sight.** (If we desire to please God we have evidence of our eternal salvation) **23 ¶ And this is his commandment, That we should believe on the name of his Son Jesus Christ, and love one another, as he gave us commandment. 24 And he that keepeth his commandments dwelleth in him, and he in him. And hereby we know that he abideth in us, by the Spirit which he hath given us.**" Praise God for the belief, and knowledge, of the abiding presence of the Holy Spirit in our lives.

"**deliver me in thy righteousness.**" Whose righteousness is under consideration here? Does David say to God: deliver me because I am righteous? No, he pleads the righteousness of God. We have some scripture that demonstrates David's prayer here and gives us the commandment of Jesus, seen in:

- **Mt 6:33 "But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you."** We must seek the righteousness of God. Why? Because, we have no righteousness of our own, which will justify us before God. We can only plead the righteousness of Christ as seen in the next text:
- **Ro 5:17 "For if by one man's offence death reigned by one; much more they which receive abundance of grace and of the gift of righteousness shall reign in life by one, Jesus Christ.)"** We see clearly that the righteousness of Christ is a gift to us when we are born again. Praise the Lord! We don't have to work to provide the righteousness of Christ; it is the gift of God to us, Hallelujah!

2 Bow down thine ear to me; deliver me speedily: be thou my strong rock, for an house of defence to save me.

David asks God; hear my prayer and deliver me speedily. How often have we been in great distress, and felt the need to be delivered speedily, or else I shall fall, fail, or die? Remember, when Peter got out of the boat to walk upon the water? He began to sink after he had taken some few steps, and he

needed immediate help to keep him from drowning. **Mt 14:28-31; 28 "And Peter answered him and said, Lord, if it be thou, bid me come unto thee on the water. 29 And he said, Come. And when Peter was come down out of the ship, he walked on the water, to go to Jesus. 30 But when he saw the wind boisterous, he was afraid; and beginning to sink, he cried, saying, Lord, save me. 31 And immediately Jesus stretched forth his hand, and caught him, and said unto him, O thou of little faith, wherefore didst thou doubt?"** Christ bids us not to doubt, when we pray to God in his name, as seen in: **1Ti 2:8 "I will therefore that men pray every where, lifting up holy hands, without wrath and doubting."**

David asks God; place your arms around me, take me in your hands, and erect a wall of protection about me, that the enemy might not break through and overcome me. We pray the same thing today, asking God to keep us grounded upon the Rock of our salvation, Jesus Christ.

3 For thou art my rock and my fortress; therefore for thy name's sake lead me, and guide me.

David asks that God would be his leader, and his guide, as he navigates the paths of life. We have this same need in our lives today. We understand that our eternal salvation was worked out, and finished, in Jesus Christ. Our desperate need, of the help and presence of the Holy Spirit leading, and guidance, is here in this present life.

What did David say in another Psalm: **Ps 119:105 ¶ NUN. "Thy word is a lamp unto my feet, and a light unto my path."** Certainly, David wants God to keep his word ever present in his life, so he cannot forget God. We should desire the same thing. We should be reading, and meditating, every day, so we are familiar with God's word of truth.

4 Pull me out of the net that they have laid privily for me: for thou art my strength.

David affirms, for us, that his enemies have laid a trap for him, and he is caught in a situation that he cannot remove himself from, in his own strength. David acknowledges; God is my strength and my only source of help. Do we trust fully in Christ, or do we believe in our own strength of deliverance?

Do you understand that the power of satan is greater than the power of man? Consider: **1Jo 4:1-6; 1 ¶ "Beloved, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world. 2 Hereby know ye the Spirit of God: Every spirit that confesseth that Jesus Christ is come in the flesh is of God: 3 And every spirit that confesseth not that Jesus Christ is come in the flesh is not of God: and this is that spirit of antichrist, whereof ye have heard that it should come; and even now already is it in the world. 4 ¶ Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world. 5 They are of the world: therefore speak they of the world, and the world heareth them. 6 We are of God: he that knoweth God heareth us; he that is not of God heareth not us. Hereby know we the spirit of truth, and the spirit of error."** Do you understand; he that dwells in the world, and in the flesh of mankind, is the antichrist, and that he is stronger than you are in your own strength? Do you understand; your power, to overcome the antichrist, is only in the power of Jesus Christ? We are told this definitively in **1Jo 4:4 "because greater is he that is in you, than he that is in the world."**

5 Into thine hand I commit my spirit: thou hast redeemed me, O LORD God of truth.

"Into thine hand I commit my spirit:" David again demonstrates; his complete confidence in God's power to deliver him. He tells God, my confidence in you is so strong, I yield unto you, my life; my life is in your hands. David says, I can do this because "**thou hast redeemed me.**"

I ask; are we so fully confident, in the finished work of Christ, that we can yield our lives completely to the service of God? Are we so filled with the Holy Spirit presence, that we can freely yield unto God in full confidence? Our feeble flesh is often tempting us to doubt, and to disbelieve, God and Christ.

I, personally, have experienced a few moments in life when I was so filled with the Holy Spirit power that I had no doubt that God was going to deliver me. I have experienced a few times; when I was so enveloped in God's love; I was willing to be taken from this life to go and be with God. These kinds of moments do not happen often. However, these experiences are evidence to me, in my life here, that Christ has indeed redeemed me, and that I am a chosen vessel of God. Hallelujah!

We also remember another time when this expression was recorded in scripture: ***Lu 23:46 And when Jesus had cried with a loud voice, he said, Father, into thy hands I commend my spirit: and having said thus, he gave up the ghost.***" Here, we have the dying words of our Saviour and Lord, Christ Jesus. Jesus had total confidence in God the Father, and knew that in three days he would be resurrected from the grave, and that he would surely return to his eternal home on the throne of God.

This sets the same example that David is setting here in this Psalm. Even, if our natural life is to be taken away, we should have full confidence, in the work of eternal salvation accomplished by Christ on the cross. Understanding, that with the fulfillment of God's will for our lives here, we will finally be delivered, from this body of death, and carried unto our eternal home. We will finally have total deliverance from all temptations and the powers of evil, sin, and satan.

This belief gives foundation to the great hope we have in Christ, believing he has indeed gone to prepare a place for us, seen in: ***Joh 14:3 "And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there ye may be also.***" Not only did Christ go to prepare a place for us; we have the promise that he will return and take us there. Knowing that God cannot lie, seen in: ***Tit 1:2 "In hope of eternal life, which God, that cannot lie, promised before the world began;***" we rest in full confidence; Christ Jesus will accomplish what he has promised. Even so, "***Lord come quickly.***" Hallelujah! Praise the Lord! Amen.